

Rediscover Yourself in 2025!

Workshop 1

A Self-Reboot



Start the new year with clarity and purpose!

Reset your mindset and emotions

- ✓ Reflect on past experiences and identify patterns
- ✓ Develop self-awareness and clarify personal values
- ✓ Create achievable, personalised goals



Krish Phua

Psychological Counsellor



CHF 30

5 PAX
ONLY!



Date

Thursday, 16 January 2025



Start At

7.30 PM - 9.00PM



Venue

Sumatrastr. 25, 8006 Zürich

REGISTER BY 9 JANUARY 2025



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