






How to gain deeper Intimacy, Trust and Pleasure?


Mindful Loving Intimacy


with
Krish Phua
Psychological Counsellor

Workshop Key Takeaways

-  Enhance sexual connection with mindfulness
-  Learn techniques to cultivate presence and sensory awareness
-  Express your desires and boundaries with confidence



 Thursday, 17 April 2025
7.30 PM - 9 PM

 Sumatrastrasse 25
8006 Zürich

 CHF 30 per Person
5 Persons Only

BOOK NOW
mindinsights.ch/workshops