






Do you feel safe
and connected in
bed?


Safety in Intimacy
**Trust &
Connection**

with
Krish Phua
Psychological Counsellor


Workshop
Key Takeaways

-  How past experiences impact your sex life
-  Learn Self-regulation and grounding techniques
-  Rebuild connection and trust with your partner



 Thursday, 15 May 2025
7.30 PM - 9 PM

 Sumatrastrasse 25
8006 Zürich

 CHF 30 per Person
5 Persons Only

BOOK NOW
mindinsights.ch/workshops